

## BENEFITS OF STUDYING HEALTH STUDIES

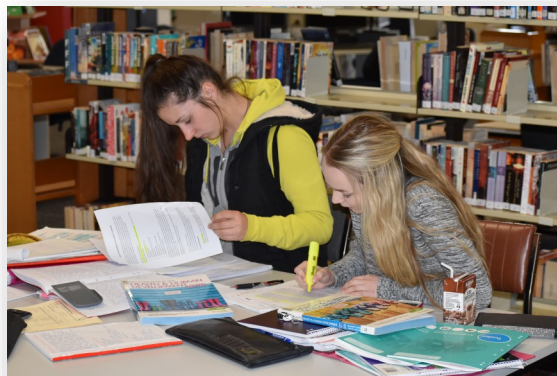
Provides a pathway to further tertiary studies in education, health science and vocational study in areas such as community services and health, including aged care and health support, children's services, community and disability services, and enrolled nursing. Study in these areas could lead to careers in health and allied health, education, physical education, childcare, and exercise science.

Develops skills, knowledge and values for a healthy lifestyle.

Contributes 15 points toward the Tasmanian Certificate of Education.

## PRE-REQUISITE

A/B in Year 10 Australian Curriculum English.



# HEALTH STUDIES 3



### DEPARTMENT OF EDUCATION

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# HEALTH STUDIES CONSISTS OF FOUR COMPULSORY UNITS:

## **Introduction to Health**

This unit looks at how health is defined, the internal and external influences on health, health promotion and health issues.

## **Personal Health**

Through this unit you will explore health issues relevant to young people. You will focus on social, emotional and physical factors that impact on health and investigate the positive and negative outcomes of risk taking behaviour.

## **Health in Australia**

Through the study of Australia's health, you will learn about the environmental factors that impact on the health and wellbeing of all Australians. This will include: developing an understanding of Australia's health care system, knowledge of the health conditions that impact upon the health of Australians, variations in health status of different population groups, health promotion and strategies for preventing ill health.

# GLOBAL HEALTH

In this unit you will learn about the key differences and similarities in health status between Less Developed Countries and More Developed Countries. This will involve a study of the major causes of illness and death and the environmental factors in Less Developed Countries that contribute to these.

Topics covered include: natural disasters, poverty, water and sanitation, food and nutrition, status of women, infectious and chronic diseases and foreign aid.



# LEARNING ACTIVITIES

- Personal/group investigations
- Reviewing current research
- Assignments
- Tests
- Visits by health care individuals and organisations

